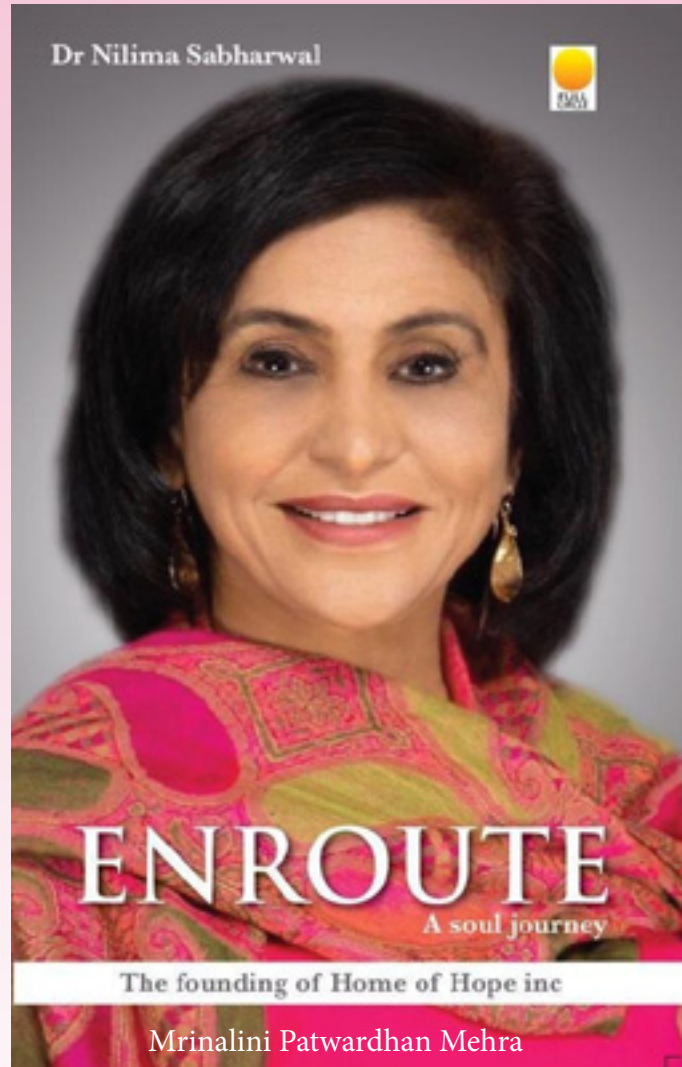


# ENROUTE

*A Soul Journey*



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THE BOOK

HOME OF  
HOPE

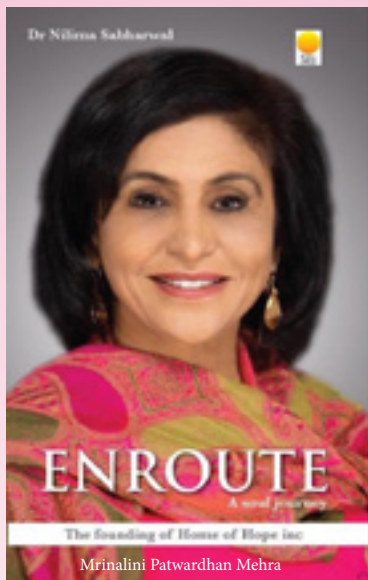
NILIMA  
SABHARWAL

MRINALINI  
PATWARDHAN

SHABANA  
AZMI

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## THE BOOK

Dr. Nilima Sabharwal was born in India and today resides in the San Francisco Bay Area, USA. Since her early childhood she experienced GOD as the invisible energy of Shiva's love, guiding her through the teachings of SAI BABA and Jesus Christ, to experience the oneness of all humanity, to live in space of gratitude and to GIVE rather than receive.

Her journey of "giving" started in 1998, when she founded a nonprofit charity called Home of Hope Inc. to help an orphanage in Chennai. Her journey with HOH becomes her own spiritual journey... that allows her to experience the joy of selfless service in helping the needy through HOH's role as an igniter or facilitator, empowering them to blossom, to discover their own path with a little support. Over the years this joy became bliss when she saw HOH become the avenue for others to practice good actions and connect with their own essence.

Today her goal is to help elevate the collective consciousness of the whole planet, to make the world a better place for everyone.

This is her story and the story of Home of Hope Inc, the journey of a dynamic woman who treads lightly, always making the world richer and kinder.

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## HOME OF HOPE

Home of Hope is a 501(c)(3) California based nonprofit that nurtures truly underprivileged, most destitute and disabled children, with a loving, caring home and hope, for a safe and stable future. HOH funds the necessary resources and access to education, mental health, computer skills, vocational training and sports programs. These opportunities make a significant difference in uplifting the lives of mentally and physically handicapped, orphaned and abandoned children making them self sustaining members of society.

Our heart-led all volunteer team, identify organizations that exemplify integrity, accountability and commitment to accelerate social and policy change in India. We raise funds for our partner projects, to develop their innovative programs. By scaling up the projects, HOH empowers our partners to expand their capacity and broaden their reach to impact maximum underprivileged and special need children and youth.

With minimal overhead (we are entirely volunteer driven) Home Of Hope has brought incredible change to the quality of life in over 100,000 of India's youth.

Home of Hope is at the forefront of successfully empowering the:

- Underprivileged,
- Physically disabled,
- Mentally challenged,
- Deaf and speech impaired, through education, vocational training and mental health.
- HoH is an all volunteer organization with less than 5% expense.

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HOPE

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SABHARWAL

MRINALINI  
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AZMI

# ENROUTE

*A Soul Journey*



## **NILIMA SABHARWAL**

Dr. Nilima Singh Sabharwal was born and educated in India, earning her medical degree from Bangalore Medical College in 1977. Two years later, she came to the United States and trained to become a pathologist at the University of California in San Francisco.

Since 1991, Dr. Sabharwal has been practicing Pathology at the Kaiser Permanente - Santa Teresa branch in San Jose. Her accomplishments in the medical field and her

humanitarian outreach goals demonstrate her lifelong commitment to service, knowing that it takes a lot more than a wish to change the world for children in need.

From her heart, she recognizes that what is required is a 100% belief in positive energy to carry one through an idea, and in 1999, based on her dream and determined will, Home of Hope, Inc. (HOH) began. Along with her professional life and the responsibilities of Home of Hope, Nilima is also a Board Member of the Independent Development Coalition of America and DesiYou, a Global Indian Content Distribution Network.

Dr. Sabharwal has been recognized for her work and received several humanitarian awards.

ENROUTE -  
THE BOOK

HOME OF  
HOPE

NILIMA  
SABHARWAL

MRINALINI  
PATWARDHAN

SHABANA  
AZMI

# ENROUTE

*A Soul Journey*



## THE AUTHOR -

### MRINALINI PATWARDHAN MEHRA

Born in 1957, Mrinalini Patwardhan Mehra has a Master's degree in Specialised Interpretation and Translation from Jawaharlal Nehru University, New Delhi, India.

Her first novel "By Which We See All Colours" was published by Full Circle in 2007. It was also presented at the Paris Book Fair of the same year.

Her second published novel "Back to Being Eligible" was brought out by Partridge Publishing.

It was followed by a book of her early work in poetry "Somebody To Love-A Short Collection of Poems".

As a biographer, Mrinalini's commissioned biographies include those under non disclosure agreements. However, among the published ones, is "Bansilal ka Jahaz" brought out by Penguin Publishing.

Mrinalini lives in Delhi. She likes writing, the spiritual life and authentic conversations.

ENROUTE -  
THE BOOK

HOME OF  
HOPE

NILIMA  
SABHARWAL

MRINALINI  
PATWARDHAN

SHABANA  
AZMI

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*A Soul Journey*



## SHABANA AZMI

Shabana Azmi is an Indian actress of film, television and theatre. The daughter of poet Kaifi Azmi and stage actress Shaukat Azmi, she is an alumna of Film and Television Institute of India of Pune. Azmi made her film debut in 1974 and soon became one of the leading actresses of Parallel cinema, a new-wave movement known for its serious content and neorealism and received government patronage during the times. Regarded as one of the finest actresses in India, Azmi's performances in films in a variety of genres have generally earned her praise and awards, which include a record of five wins of the National Film Award for Best Actress and several international honours.

Azmi has been a committed social activist, active in supporting child survival and fighting AIDS and injustice in real life. Azmi has voiced her opinion on a variety of issues. Initially, her activism drew scepticism and was dubbed by some as a publicity gimmick. However, she proved her critics wrong and used her celebrity status to emerge as a high-profile social activist.

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